



XV EAMA ADVANCED POSTGRADUATE COURSE IN GERIATRIC

4th Training Session Program

How to Promote Health and Provide Geriatric Care

**Woudschoten Hotel, Zeist, The Netherlands
23-27 June, 2025**

**Please note that the Guest Speakers and the EAMA Board Members teach out of
pleasure, they do not receive financial compensation for this course**

MONDAY, June 23, 2025

12.30 - 13.30 **Vegetarian Lunch**

Welcome and Introduction

Chairperson: Van Der Noortgate N. (BE) and Guerville F. (FR)

13.30 - 13.45 **Welcome** Martínez-Velilla N. (ES)
Update on participants Vetrano D. (SE)
Outline of program

Health Promotion

13.45 - 14.25 **Expert State of the Art Lecture** Vetrano D. (SE)
Health Promotion in older people: What do we need?
How to organize?

14.25 - 14.45 **Discussion**
Participants and board members with the expert

14.45 – 15.15 **Break**

Evidence and recommendations for the prevention in old age

15.15 - 16.15 **Participant State of the Art Lecture** Max.8 min. lecture and 7 min of discussion
1. infectious diseases - Bonnici M. (MT)
2. cardiovascular diseases – Alves M. (PT)
3. oncological diseases – Salvi M. (IT)
4. malnutrition – Jónsdóttir A.B. (IS)
5. frailty – Jaatinen R. (FI)

16.15 – 17.45 **Working Groups and Break**
How can preventive medicine for older people be organized in your countries?
Make a proposal for a model.

17.45 - 18.45 **Report on the Group Work**
Presentation of a best practice by reporter of the group
(5 min of presentation)

Discussion: Opponents principle by a jury; (10 min /group)

TUESDAY, June 24, 2025

07.00 - 08.30 **Buffet Breakfast**
Woudschoten Hotel, Zeist

Big-data and artificial intelligence in geriatric medicine

Chairs: Martínez-Velilla N (ES) and Schlotmann J. (DE)

08.30 – 9.10 **Expert State of the Art Lecture** Todd O. (UK)
New Horizons in artificial intelligence in the healthcare of older people - Geridata

09.10 - 09.30 **Discussion**
Participants and board members with the expert

09.30 – 10.00 **Break**

10.00 - 11.00 **Participant State of the Art Lecture**

Max.8 min. lecture and 7 min of discussion

Role of AI in:

- 6. prevention - Lahaye C. (FR)
- 7. diagnosis - Ferrara M. C. (IT)
- 8. pharmacological treatment - Lundgren E. L. (DK)
- 9. prognosis Skråmestø Dejgaard M. (NO)

11.00 - 11.30 **Break**

11.30- 12.10 **Expert State of the Art Lecture** Hirdes J. (CA)
Use of Big data and AI algorithms to improve care in LTC settings

12.10- 12.30 **Discussion**
Participants and board members with the expert

12.30 - 13.00 **Discussion** 2 Students presenting
Pro/Con on the use of AI in education in geriatric medicine
10. Pro - 8 Min. Martinaityte I. (NO)
11. Con - 8 Min. Herceg M. (DE)

13.00 – 14.00 **Lunch**
Woudschoten Hotel, Zeist

How to implement geriatric care (1)

Chairs: De Breucker S. (BE) and Fischer A.M. (CH)

14.00 – 14.40 **Expert State of the Art Lecture** Rostoft S. (NO)
Onco-geriatrics

14.40 - 15.00 **Discussion**
Participants and board members with the expert

15.00- 15.15	Break	
15.15- 15.55	Expert State of the Art Lecture Perioperative care in the older patient with frailty	Dhesi J. (UK)
15.55 - 16.15	Discussion Participants and board members with the expert	
16.15 - 16.20	Working Groups and Break Presentation on the elevator Pitch	Singler K. (DE)
16.20 - 17.15	Working Groups if you are the chief of your hospital: how would you organize emergency care and perioperative care in your hospitals.	Organization of 2 groups on Emergency and 2 groups on preoperative care.
17.15 - 17.45	Preparation of the elevator pitch	
17.45 – 18.00	Presentation of the elevator pitch	
18.00 - 18.15	Feedback from tutors on elevator pitch	
19.30 – 21.00	Dinner Woudschoten Hotel, Zeist	

WEDNESDAY, June 25, 2025

07.00 - 08.30 **Buffet Breakfast**
Woudschoten Hotel, Zeist

How to implement geriatric care (2)

Chair: Van Munster B (NL) and de Terwangne C. (BE)

08.30 - 09.10	Expert state of the Art Lecture From Research to daily practice: implementing exercise activities in Geriatric Wards	Martinez-Velilla N (ES)
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09.10 - 09.30	Discussion Participants and board members with the expert
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09.30 - 10.00 **Break**10.00 – 11.00 **Action Learning Set**11.00 – 11.15 **Break**

11.15 - 12.30	Rehearsal of quality project presentation for network meeting 3 groups with two groups in each - present each other and challenge each other
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12.30 – 13.00 **Group Photograph**

Afternoon and Evening Free

THURSDAY, June 26, 2025

07.00 - 08.30 **Buffet Breakfast**
Woudschoten Hotel, Zeist

Geriatric Services outside the hospital

Chair: Gordon A. (UK) and Campollo M.E. (ES)

08.30 – 9.10 **Expert State of the Art Lecture** Lasserson D. (UK)
Hospital at home for older adults with frailty

09.10 - 09.30 **Discussion**
Participants and board members with the expert

09.30 – 10.00 **Break**

10.00 - 11.00 **Participant State of the Art Lecture**
Rehabilitation care 8 min + 7 min discussion
12. subacute geriatric care units – Petraglia L. (IT)
13. case manager models for home care – Leinert C. (DE)
14. evidence on models of geriatric day care hospitals Serratrice C. (CH)
15. evidence on geriatric mobile teams/ILT De Roo M. (BE)

11.00 - 11.30 **Break**

11.30- 12.10 **Expert State of the Art Lecture** Achterberg. W. (NL)
Geriatric Rehabilitation Care

12.10- 12.30 **Discussion**
Participants and board members with the expert

12.30 - 14.00 **Lunch & Welcome**
Woudschoten Hotel, Zeist

Chair: Landi F. (IT) and Glaser I. (CH)

14.00 – 14.40 **Keynote lecture**
Where is geriatric medicine heading? Cruz Jentoft A., Madrid, (ES)

14.40 - 15.00 **Discussion**
Participants, audience and board members with the expert

15.00- 15.30 **Break**

15.30 - 17.00 **Presentation of quality improvement projects**
15min each / 8min presentation and 7 min discussion

17.00 – 17.10 **Dare to stand / Exercise moment**

17.10 - 18.00 **Presentation of former EAMA network members**
7 min each – TBD

- ★ Michael Denkinger (DE)
- ★ Dolores Sanchez_Rodrigues (BE)
- ★ Suzanna Hernes (NO)
- ★ Thomas Jackson (UK)
- ★ Anastasia Koutsouri (GR)
- ★ Hélène Vallet (FR)

18.00 – 18.45 **POSTER session**
NETWORK moment

goal of this session: presenting projects to expand/ looking at network members

19.30 – 21.00 **Dinner**
BBQ
Woudschoten Hotel, Zeist

FRIDAY, June 27, 2025

07.00 - 08.30 **Buffet Breakfast**
Woudschoten Hotel, Zeist

Future roadmap of ageing research

Chair: Münzer T. (CH) and Hogebrug J. (NL)

08.30 – 9.10 **Expert State of the Art Lecture** Ferrucci L. (USA)
Future roadmap of ageing Research

09.10 - 09.30 **Discussion**
Participants, audience and board members with the expert

09.30 – 10.00 **Break**

10.00 - 11.30 **Short Introduction to the panel session** Moderator: Gordon A. (UK)
Optimization of Care for Geriatric patients
“The number of older people is increasing, but the workforce and health service budgets cannot keep up. How should we plan for this?”

- ★ EuGMS Vander Velde N. (NL)
- ★ Ageing Platform Greenbrooke S. (UK)
- ★ EUMS - GMS Macijauskiene J. (LT)
- ★ Hospital director- Sieber C. (DE)
- ★ LTC – Achterberg W. (NL)
- ★ EMA – Benetos A. (FR)

11.30 - 11.45 **Break**

11.45- 12.25 **Expert State of the Art Lecture** de la Fuente V. (CH)
Ageism

12.25- 12.45 **Discussion**
Participants, audience and board members with the expert

12.45 - 14.00 **Lunch**
Woudschoten Hotel, Zeist

CEREMONY SESSION

- 14.00 – 15.00 **History of EAMA - topics - influence on career**
 EAMA Board Representatives

 Moderator: Münzer T. (CH) and Bonin-Guillaume S. (FR)

 Past Board Members:
 ★ JP Michel - idea and how it started
 ★ Athanase Benetos
 ★ Cornel Sieber
 ★ Anette Hylen Ranhof
 ★ Regina Roller-Winsberger
 ★ Nele Van Den Noortgate
- 15.00 - 15.15 **Highlight of EAMA last week & course XV**
 Brys A. (BE), Zérah L. (FR), Grund S. (DE) Triolo F. (SE), Zazzara B. (IT)
- 15.15- 17.00 **Diploma ceremony**
 Touch of music by and for geriatricians
 Farewell remarks from the board for past president Van Den Noortgate N. (BE)
- 19.00-20.00 **Apero**
- 20:00 – 00:30 **Gala Dinner and Dance**
 Woudschoten Hotel, Zeist