European Academy for Medicine of Ageing

XVI EAMA ADVANCED POSTGRADUATE COURSE IN GERIATRICS

3rd Training Session Programme

From Evidence to Care Delivery in Geriatric Medicine

Radisson Blu Park Hotel, Athens, Greece
January 25–29, 2027

Accreditation Statement

An application has been made to the UEMS EACCME® for CME accreditation of this event.

Please note that the Guest Speakers and the EAMA Board Members teach out of pleasure, they do not receive financial compensation for this course

E.A.M.A. International Non-Profit Association (INPA) according to the Belgian law
Company number 0565.937.590

PROGRAMME

Version 2.1

Intended Learning Outcomes

EAMA graduates will be able to …

Knowledge

1. Plan care based on competent critical appraisal of evidence on micro (individual patient), meso (service) and macro (societal, public health) levels.
2. Develop and apply a bio-psycho-social approach to relevant geriatric and gerontological topics informed by key international leaders.
3. Compare and contrast the general structure of geriatric care from different European perspectives.

Skills – Communication

1. Review and select different established and emerging communication techniques, in order to improve communication with the target audience.
2. Interact effectively in different roles such as participant, chair or moderator in group discussions, giving feedback etc.
3. Successfully impart topics of geriatric medicine to different audiences such as lay people, politicians, hospital administrators, allied health care professionals and colleagues in other disciplines to promote geriatric medicine.
4. Reflect the influence of sociocultural differences in communication and interaction and adapt own strategies accordingly.
5. Recognise, prevent and manage conflicts and crises (patient/family, colleagues, administrators, etc.).

Skills – Leadership (Micro Level)

1. Analyse personal strengths to be integrated into individuals' leadership profiles.
2. Develop leadership competences in geriatric medicine including coaching, delegating, team-building, etc.
3. Analyse personal profile and strength within the interdisciplinary team.
4. Critically reflect upon personal career development, plans and strategies and to identify specific objectives leading towards a career plan for him/herself as well as mentees.

Skills – Leadership (Meso Level)

1. Develop new geriatric services or adapt geriatric services to new situations, considering both, scientific advances and local requirements and needs.

Skills – Education and Teaching

1. Choose and develop action learning sets and teaching strategies (communication, considering communication towards target groups).

Skills – Advocacy

1. Critically appraise the policy of establishments and influence those by using tools acquired in EAMA.

Skills – Attitudes

1. Develop coping strategies towards criticism and negative impact.
2. Critically appraise personal activity levels and potential as well as to modulate daily business efficiently (improvement of work-life balance, time management, etc.) to maintain the utmost personal resilience.

MONDAY 25 JANUARY 2027

12.30 - 13.30 **Light Lunch**
Radisson Blu Park Hotel, Athens

13.30 Welcome and Introduction

Chairperson: van Munster B, Groningen (NL)

13.30 - 13.45	**Welcome**	Gordon A, London (UK)
	New participants	van Munster B, Groningen (NL)
	Outline of programme	Gordon A, London (UK)
13.45 - 14.00	**Introduction to the Activities**	Hsu R, Leicester (UK)
	Outline of activities	
	Formation of teams	
	Introduction of facilitators	

14.00 Preparing for the Activities

Team Facilitators: Public Health, UK (UK)

14.00 - 14.30	**Resilience and Leadership**	Conroy S, London (UK)
	A personal narrative	
14.30 - 15.00	**Working Together as a Team**	Hsu R, Leicester (UK)
	How to use your Belbin® Individual Report and the Belbin® Team Role Circle	
15.00 - 16.00	**Discussion**	Teams x 4
include 15.30	**working tea/coffee break** in Green Garden Room A	

16.00 Assessing Population Need, Demand and Supply

Team Facilitators: Public Health, UK (UK)

16.00 - 16.15	**Principles of Health Needs Assessment**	Hsu R, Leicester (UK)
	Concepts of need, demand and supply from a population perspective	
16.15 - 16.30	**How to Analyse a Population Dataset**	Hsu R, Leicester (UK)
	PivotTable in Excel	
16.30 - 18.30	**Understanding the Population**	Teams x 4
	Analysing data to understand population need, demand and supply	

18.30 - 20.00 **Rest and Relax**
Radisson Blu Park Hotel, Athens

20.00 - 22.00 **Dinner**
Radisson Blu Park Hotel, Athens

TUESDAY 26 JANUARY 2027

07.00 - 08.30 **Buffet Breakfast**
Radisson Blu Park Hotel, Athens

08.30 Preparing a Service Delivery Model

Team Facilitators: Public Health, UK (UK)

08.30 - 10.30 **Systems Thinking** Conroy S, London (UK)
A systems approach to developing service delivery models
includes **team exercise** during the presentation

10.30 - 11.00 **Tea/Coffee Break** in Green Garden Room A
Radisson Blu Park Hotel, Athens

11.00 - 13.00 **Solving a Complex Problem** Teams x 4
Preparing a service delivery model for the population of interest

13.00 - 14.00 **Lunch**
Radisson Blu Park Hotel, Athens

14.00 - 15.00 **Evidence for Interventions** Teams x 4
Finding and critiquing evidence for interventions in proposed service delivery model

15.00 - 16.30 **Costing the Interventions** Teams x 4
Costing proposed service delivery model

16.30 - 17.00 **Tea/Coffee Break** in Green Garden Room A
Radisson Blu Park Hotel, Athens

17.00 Negotiating for Resources

Team Facilitators: Public Health, UK (UK)

17.00 - 18.00 **Principles of Negotiation: Getting to Yes** Hsu R, Leicester (UK)
Negotiation and negotiating skills: purpose and process

18.00 - 19.00 **Preparing the Case** Teams x 4
Preparing for negotiation rounds

19.00 - 20.00 **Rest and Relax**
Radisson Blu Park Hotel, Athens

20.00 - 22.00 **Dinner**
Radisson Blu Park Hotel, Athens

WEDNESDAY 27 JANUARY 2027

07.00 - 08.30 **Buffet Breakfast**
Radisson Blu Park Hotel, Athens

08.30 Negotiating for Resources

Team Facilitators: Public Health, UK (UK)

08.30 - 09.30	**Preparing the Case** Preparing for next negotiation round	Teams x 4
09.30 - 10.30	**Negotiations: First Round** in Green Garden Room C	Hsu R, Leicester (UK)
10.30 - 11.30	**Preparing the Case** Preparing for next negotiation round	Teams x 4
include 10.30	**working tea/coffee break** in Green Garden Room A	
11.30 - 12.30	**Negotiations: Second Round** in Green Garden Room C	Hsu R, Leicester (UK)
12.30 - 13.00	**Summary of Negotiations so Far**	Hsu R, Leicester (UK)
13.00 - 13.30	**Group Photograph** Radisson Blu Park Hotel, Athens	

13.30 Free Time

13.30 - **Rest and Relax**
Athens

THURSDAY 28 JANUARY 2027

07.00 - 08.30 **Buffet Breakfast**
Radisson Blu Park Hotel, Athens

08.30 Negotiating for Resources

Team Facilitators: Public Health, UK (UK)

08.30 - 10.30 **Reviewing How the Negotiations Went** in Green Garden Room C — Teams x 4
Strategies, approaches and tactics used in negotiations

10.30 - 11.00 **Tea/Coffee Break** in Green Garden Room A
Radisson Blu Park Hotel, Athens

11.00 - 12.30 **Feedback on Negotiations** — Hsu R, Leicester (UK)
Strategies, approaches and tactics used in negotiations

12.30 - 13.30 **Lunch**
Radisson Blu Park Hotel, Athens

13.30 Communicating the Message

Team Facilitators: Public Health, UK (UK)

13.30 - 14.30 **Communicating the Message** — Brealey M, Bradford (UK)
Preparing and communicating your message, working with the media

14.30 - 16.30 **Preparing to Communicate the Message** — Teams x 4
Preparing for press conference
include 15.30 **working tea/coffee break** in Green Garden Room A

16.30 - 16.50 **Press Conference** in Green Garden Room C — Team
16.50 - 17.10 **Press Conference** in Green Garden Room C — Team
17.10 - 17.30 **Press Conference** in Green Garden Room C — Team
17.30 - 17.50 **Press Conference** in Green Garden Room C — Team

17.50 - 18.00 **Belbin® Observer Assessments** — Teams x 4
Participants complete their peers' Belbin® Observer Assessments

18.00 - 20.00 **Rest and Relax**
Radisson Blu Park Hotel, Athens

20.00 - 22.00 **Dinner**
Restaurant, Athens

FRIDAY 29 JANUARY 2027

07.00 - 08.30 **Buffet Breakfast**
Radisson Blu Park Hotel, Athens

08.30 Personal Development

Team Facilitators: Public Health, UK (UK)

08.30 - 08.45 **Personal Development** in Green Garden Room A — Gordon A, London (UK)
Reviewing as a team
Reflection on learning by self
Feedback for learning as an individual

08.45 - 09.15 **Reviewing How Well the Team Work Together** — Teams x 4
Reviewing your new Belbin® Individual Report and new Belbin® Team Role Circle

09.15 - 09.30 **Personal Reflection Time** — Participants x 41
Reflection on learning

09.30 - 10.30 **Individual Feedback Sessions** in Green Garden Rooms C & B — Participants ≤ 24
Feedback for learning — Public Health/Board Member Pairs x 6



Alpha	Bravo	Charlie	Delta	Echo	Foxtrot
???/Sandra,	???/Adam,	???/Thomas,	???/Siri,	???/Barbara,	???/Davide

09.30 Feedback Session 1A: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot

09.45 Feedback Session 1B: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot

10.00 Feedback Session 1C: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot

10.15 Feedback Session 1D: Alpha, Bravo, Charlie, Delta, Echo, Foxtrot

09.30 - 10.15 **State of the Art Lecture** in Green Garden Room A — Gordon A, London (UK)
Comprehensive Geriatric Assessment and Care Home Medicine

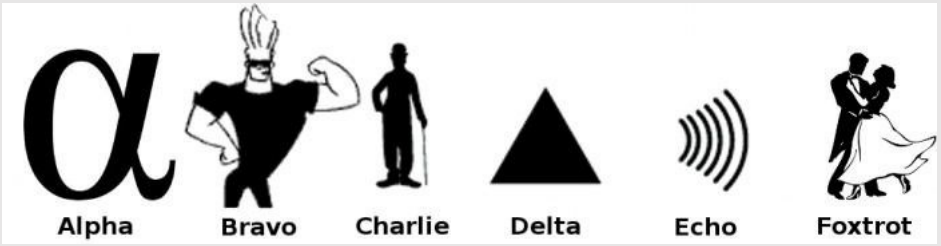
10.15 - 10.30 **Tea/Coffee Break** in Green Garden Room A
Radisson Blu Park Hotel, Athens

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Comprehensive Geriatric Assessment and Care Home Medicine

FRIDAY 29 JANUARY 2027

10.30 - 11.30 **Individual Feedback Sessions** in Green Garden Rooms C & B Participants ≤ 24
Feedback for learning Public Health/Board Member Pairs x 6



???/Sandra, ???/Adam, ???/Thomas, ???/Siri, ???/Barbara, ???/Davide

10.30	Feedback Session 2A:	Alpha, Bravo, Charlie, Delta, Echo, Foxtrot
10.45	Feedback Session 2B:	Alpha, Bravo, Charlie, Delta, Echo, Foxtrot
11.00	Feedback Session 2C:	Alpha, Bravo, Charlie, Delta, Echo, Foxtrot
11.15	Feedback Session 2D:	Alpha, Bravo, Charlie, Delta, Echo, Foxtrot

11.30 Communicating the Message

11.30 - 12.00 **Feedback Press Conference** in Green Garden Room A Brealey M, Bradford (UK)
The Good, The Dubious, The Humorous

12.00 - 13.00 **Lunch**
Radisson Blu Park Hotel, Athens

13.00 Action Learning Sets

Chairperson: van Munster B, Groningen (NL)

13.00 - 13.15 **Action Learning Sets** in Green Garden Room A Gordon A, London (UK)

13.15 - 14.30 **Action Learning Set Meetings** in Green Garden Rooms A & B & C ALS x 6
Action planning on learning

14.30 - 15.00 **Tea/Coffee Break** in Green Garden Room A
Radisson Blu Park Hotel, Athens

15.00 Reflections on the Week

15.00 - 15.30 **Reflections on the Week** in Green Garden Room A Gordon A, London (UK)

15.30 - 16.30 **Group work on Improvement Projetcs** in Green Garden Room A Participants x 41

FRIDAY 29 JANUARY 2027

16.30 - 17.00	**Looking Forward to Next Session**	De Breucker S, Bruxelles (BE) Gordon A, London (UK) Münzer T, St Gallen (CH) Rostoft S, Oslo (NO) Schlögl M, Barmelweid (CH) Vallet H, Paris (FR) van Munster B, Groningen (NL) Vetrano D L, Stockholm (SE)
17.00 - 20.00	**Rest and Relax** Radisson Blu Park Hotel, Athens	
20.00 - 22.00	**Apéro and Farewell Dinner** Radisson Blu Park Hotel, Athens	